

Outback Menu With Prices

2026 clean PDF menu + internal linking plan for TheMenuPrices.com

This PDF gives you a clean, easy-to-publish Outback menu summary and a relevant internal linking section for **themenuprices.com**. Prices are presented as practical ranges because menu pricing often changes by location and ordering method.

Quick Price Snapshot

| Category | Typical Price Range |
|------------------------|---------------------|
| Appetizers | \$9 - \$16 |
| Steaks | \$16 - \$37 |
| Steak Combos | \$23 - \$39 |
| Chicken and Ribs | \$16 - \$30 |
| Seafood | \$20 - \$38 |
| Burgers and Sandwiches | \$13 - \$17 |
| Desserts | \$8 - \$11 |
| Kids Meals | \$7 - \$10 |

Appetizers

| Item | Price | Calories |
|---------------------------|-------------------|-----------|
| Bloomin' Onion | \$10.99 - \$11.99 | 1900 |
| Aussie Cheese Fries | \$11.99 - \$13.99 | 2620 |
| Kookaburra Wings | \$15.49 - \$15.99 | 1740 |
| Sydney Shrooms | \$8.99 - \$10.49 | 1370 |
| Gold Coast Coconut Shrimp | \$14.99 - \$15.99 | 940 - 980 |

Signature Steaks

| Item | Price | Calories |
|-------------------------|-------------|----------|
| Center-Cut Sirloin 6 oz | \$16 - \$18 | 340 |

| Item | Price | Calories |
|-------------------------|-------------|-----------|
| Center-Cut Sirloin 8 oz | \$19 - \$22 | 400 |
| Ribeye 13 oz | \$27 - \$30 | 950 |
| Bone-In Ribeye | \$31 - \$37 | 1070 |
| Victoria's Filet Mignon | \$28 - \$34 | 480 - 580 |
| Melbourne Porterhouse | \$34 - \$36 | 980 |

Steak Combos

| Item | Price | Calories |
|----------------------------|-------------|----------|
| Sirloin and Grilled Shrimp | \$23 - \$29 | 900+ |
| Sirloin and Ribs | \$29 - \$35 | 1000+ |
| Ribeye and Shrimp | \$36 - \$37 | 1400+ |
| Filet and Lobster | \$36 - \$39 | 670 |

Chicken, Ribs, and More

| Item | Price | Calories |
|-------------------------------|-------------|------------|
| Alice Springs Chicken | \$20 - \$22 | 910 |
| Baby Back Ribs | \$23 - \$30 | 720 - 1430 |
| Grilled Chicken on the Barbie | \$16 - \$18 | 410 - 520 |
| Chicken Tender Platter | \$16 - \$18 | 1000 |
| Kingsland Pasta | \$22 - \$25 | 1500+ |

Seafood

| Item | Price | Calories |
|------------------------------|-------------|-----------|
| Toowoomba Salmon | \$25 - \$29 | 630 - 740 |
| Perfectly Grilled Salmon | \$24 - \$27 | 600 - 660 |
| Steamed Lobster Tails | \$33 - \$37 | 490 |
| Grilled Shrimp on the Barbie | \$20 - \$24 | 550 - 610 |

Burgers and Sandwiches

| Item | Price | Calories |
|----------------------|-------------|-------------|
| The Outbacker Burger | \$13 - \$14 | 700+ |
| The Bloomin' Burger | \$14 - \$15 | 850 - 1100+ |
| Prime Rib Sandwich | \$16 - \$17 | 1200+ |

Entree Salads

| Item | Price | Calories |
|---------------------------|-------------|----------|
| Aussie Cobb Salad | \$13 - \$16 | 600+ |
| Steakhouse Salad | \$15 - \$18 | 900+ |
| Caesar Salad with Chicken | \$13 - \$15 | 800+ |

Soups and Side Salads

| Item | Price | Calories |
|-------------------|-----------------|-----------|
| French Onion Soup | \$7.99 - \$8.99 | 570 |
| Baked Potato Soup | \$5.99 - \$7.99 | 250 - 450 |
| House Salad | \$4.99 - \$5.99 | 180 |
| Caesar Side Salad | \$5.99 | 260 |

Freshly Made Sides

| Item | Price | Calories |
|---------------------------|-----------------|----------|
| Aussie Fries | \$3.99 - \$4.99 | 500 |
| Mashed Potatoes | \$3.99 - \$4.99 | 230 |
| Sweet Potato | \$3.99 - \$4.99 | 410 |
| Steakhouse Mac and Cheese | \$5.99 - \$6.99 | 720 |
| Asparagus | \$5.99 - \$6.99 | 60 |

Desserts

| Item | Price | Calories |
|-----------------------------------|-------------------|----------|
| Chocolate Thunder from Down Under | \$10.79 - \$10.99 | 800 |

| Item | Price | Calories |
|--------------------------|-----------------|----------|
| New York Cheesecake | \$9.79 - \$9.99 | 940 |
| Triple-Layer Carrot Cake | \$9.79 - \$9.99 | 1070 |
| Cookie Skillet | \$8.29 - \$8.99 | 910 |

Kids Menu

| Item | Price | Calories |
|----------------------|-----------------|----------|
| Chicken Fingers | \$8.79 - \$8.99 | 480 |
| Mac and Cheese | \$7.79 | 510 |
| Joey Sirloin | \$9.99 | 180 |
| Grilled Cheese-A-Roo | \$7.79 | 480 |

Lunch, Specials, and Group Ordering

Lunch Menu Highlights

- Soup and Salad Combo - \$9.99 - 370 calories
- Lunch Sirloin - \$13.99 - 720 calories
- Chicken Lunch Plate - \$11.99 - 540 calories
- Coconut Shrimp Lunch - \$11.99 - 610 calories

Dinner Notes

- Dinner pricing is usually higher than lunch, especially for steak combos and premium cuts.
- Typical dinner spend lands around \$25 - \$40 per person with a drink or dessert.

Bloomin' Bundle Meals

- Meals for 4 - about \$50 - \$75
- Meals for 6 - about \$80 - \$140
- Best for family orders, sports nights, and simple group dinners.

Party Platters

- Wings Platter - \$40+
- Shrimp Platter - \$45+
- Ribs Platter - \$50+
- Chicken Tender Platter - \$35+
- Salad and side platters are often the best upsell option for office or family gatherings.

Specialty Cocktails and To-Go Drinks

- Wallaby Darned - about \$9 - \$12
- Margaritas and fruit cocktails - about \$8 - \$11
- Wine, beer packs, and cocktail kits vary by market and local rules.

Savings Tips

- Choose lunch instead of dinner when possible.
- Check app deals before placing a delivery order.
- Group bundles usually beat separate entree pricing.
- Third-party delivery apps may mark up prices.

Suggested Internal Linking for [TheMenuPrices.com](https://www.themenuprices.com)

Use the links below inside the Outback page to strengthen topical relevance and improve crawl paths. Keep anchor text natural. Link only where the context truly fits.

| Placement in Outback article | Suggested anchor text | Target URL or page |
|--|-------------------------------|---|
| Intro or competitor-comparison paragraph | Five Guys menu prices | https://themenuprices.com/five-guys-menu/ |
| Fast casual coffee comparison section | Starbucks menu prices | Use your live Starbucks page URL |
| Steak comparison paragraph | Texas Roadhouse menu prices | Use your live Texas Roadhouse page URL |
| Burger value section | best burger chain menu prices | Link to a relevant burger category or brand page |
| Drinks section | drink menu prices | Link to a drinks-focused brand page on your site |
| Kids or family meal section | family meal menu prices | Link to a relevant family bundle or platter article |
| Final FAQ or conclusion | more restaurant menu prices | https://themenuprices.com/ |

Recommended Internal Link Insertions

- In the intro: "If you also compare premium fast casual chains, see our [Five Guys menu prices](#) guide."
- In the burger section: "Burger fans can also compare pricing with your Five Guys page to judge portion-to-price value."
- In the drinks section: "For coffee and beverage-heavy chains, link to your Starbucks page where relevant."
- In any steak value comparison paragraph: add a contextual link to your Texas Roadhouse page once live or confirmed.
- In the conclusion: add one branded navigation link back to <https://themenuprices.com/> for broader restaurant coverage.

Publishing note

Use the confirmed Five Guys URL exactly as provided. For Starbucks and other live pages, swap in the exact published URL on your site before copying these link suggestions into the article.